

Youth Engagement Day

03/10/2026

Partnership for Young London

Self Relection

For the first activity of the day we did some self reflection to think about our skills and what we each bring to the work and our individual projects. We each drew ourselves on a piece of paper and around it we wrote our qualities, skills, traits and strengths that we feels we bring onto our work and our projects. We then presented our sheets to the people around us.

I'm proud of myself for pushing myself out there, for learning new skills and pushing myself out of my comfort zone"

young person

"This project has helped me overcome my fears, I was somone who had low confidence, and it has helped me to boost my confidence"

young person

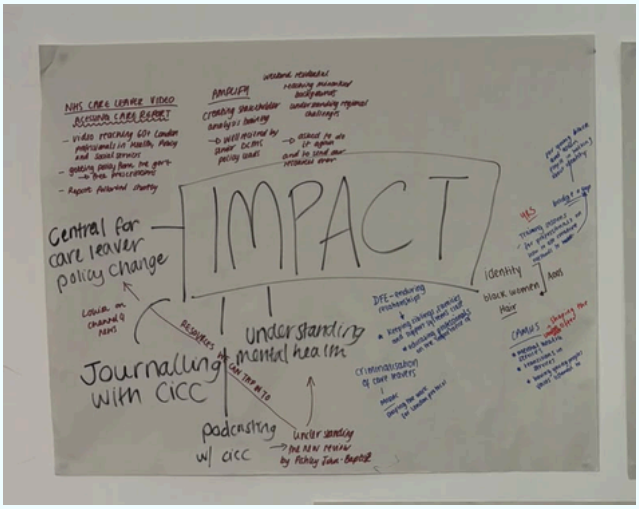


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Impact

In small groups, we worked on looking at the impact of our projects. We explored the impact on young people, on the projects and on the sector. Key themes were identified:

- Mental Health and Wellbeing
- Stakeholder Engagement
- Personal Confidence
- Sense of Identity
- Feeling Heard



I have learnt how to facilitate a group of people when talking about sensitive issues

young person

"We were able to talk to people in the NHS that could make the changes that we wanted to see happen"

young person

"One of the most imporant things I have learnt is communication. How to talk to different groups of people at different levels. And how to communicate clearly, efficiently and effectively"

young person

"The skills I leart are teamwork, leadership skills. communication skills and co-production skills"

young person

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Impact



Young Residents in Partnerships are featured in Inside Housing magazine

National Youth Agency hosted conversations on the new youth curriculum and how they are linked to resources created by Authoring Our Own Stories

NHS care leavers video reached 60+ London professionals working in health, policy and social services

Authoring Our Own Stories was shortlisted for a youth voice award

Children in Care Council (CICC) - Louisa went on Channel 4 to talk about the criminalisation of care leavers

Young Residents in Partnership were able to talk to Housing association colleagues about prioritising young people in housing. They did interviews with Housing Association Chief Executives, as well as other senior leadership teams to engage them in the work.

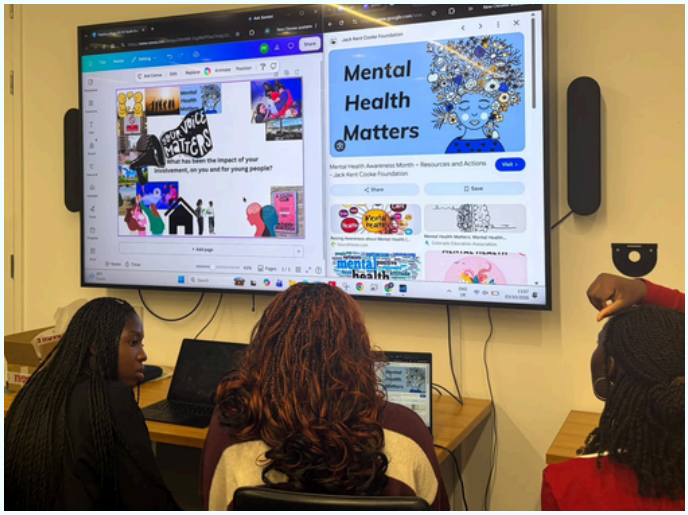
Peer researchers on the Smart Data Donation project took a trip to the University of York to present their findings on data and young people's perspectives on data donation to academics and researchers

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Digital Collage and Video

We used creative methods to explore impact and involvement. Young people created a collective digital collage, using images and symbols they felt represented them, their projects, the impact of their work and their involvement with PYL. Alongside of this, young people spoke to camera about their involvement and impact of their work, both on themselves and others.







What is the impact of your involvement on you and other young people?

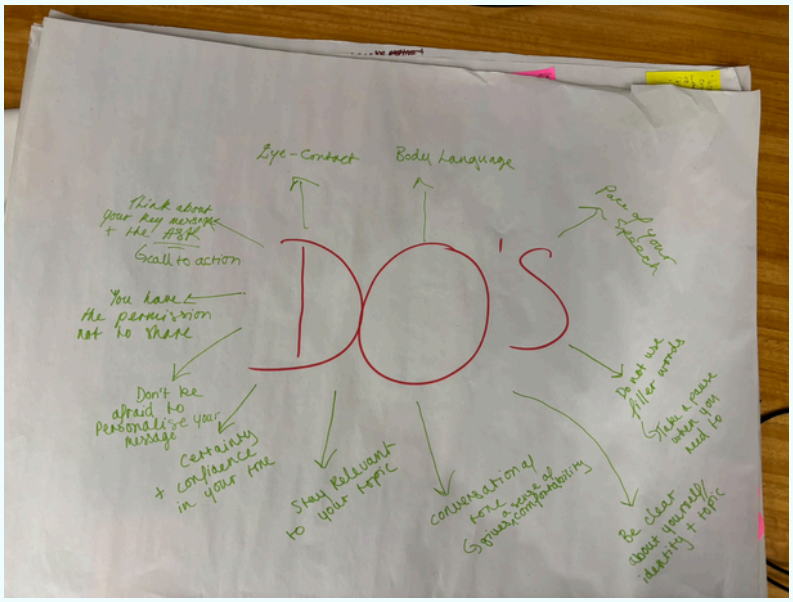
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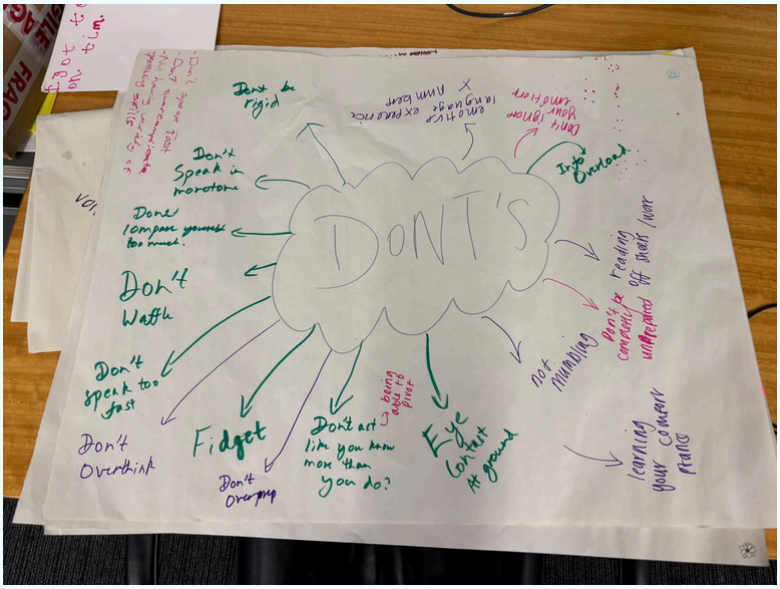
Public Speaking Workshop

In our last stretch of the day we ran a workshop on public speaking. Young people worked in 2 groups, writing on flipcharts some of the “Dos” and “Dont’s” when it comes to public speaking. The two groups then shared their notes and discussed as a group sharing knowledge and expertise

DO

- Make eye contact
- Pace your speech
- Stay relevant to your topic
- Be clear about yourself and your identity





DONT

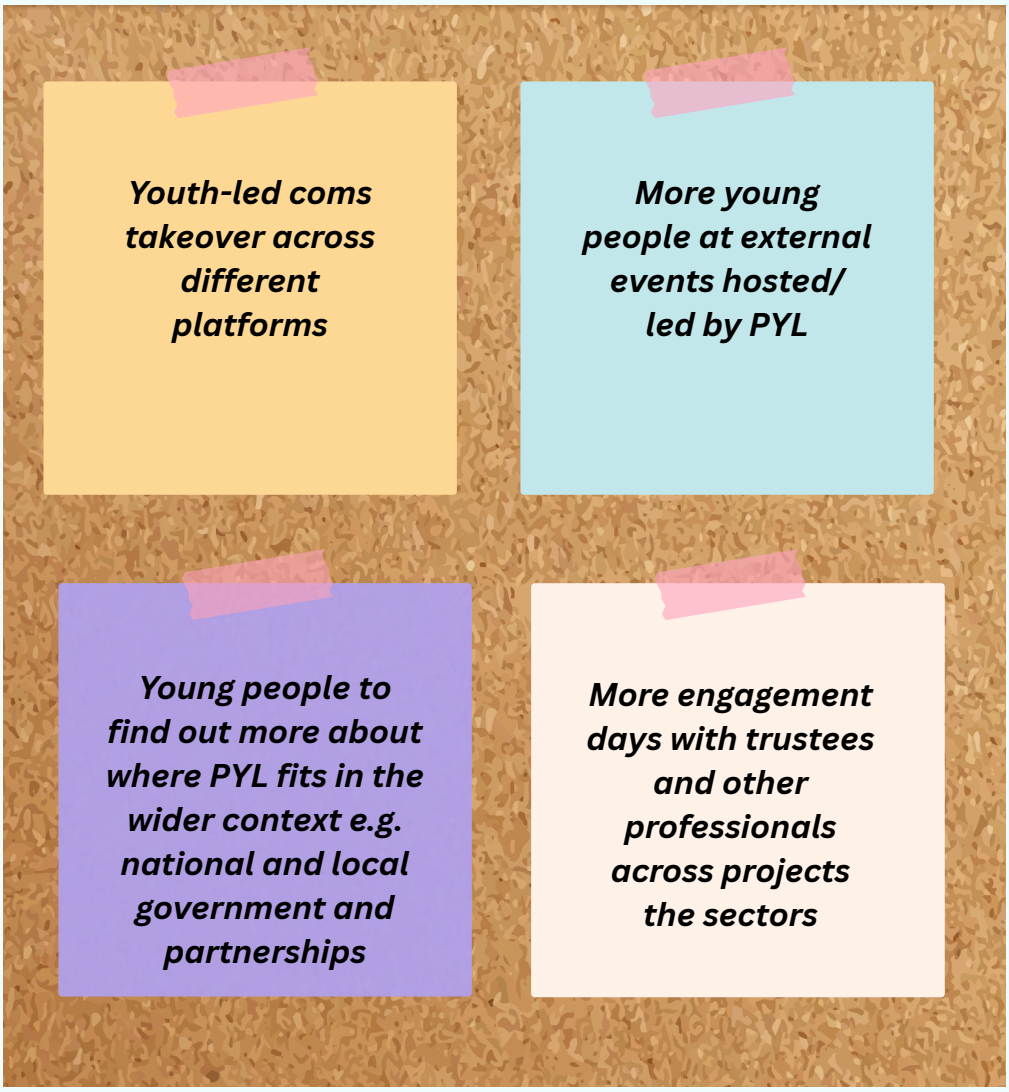
- Speak too fast
- Read of sheets
- Overthink
- Ignore your feelings and emotions

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Future

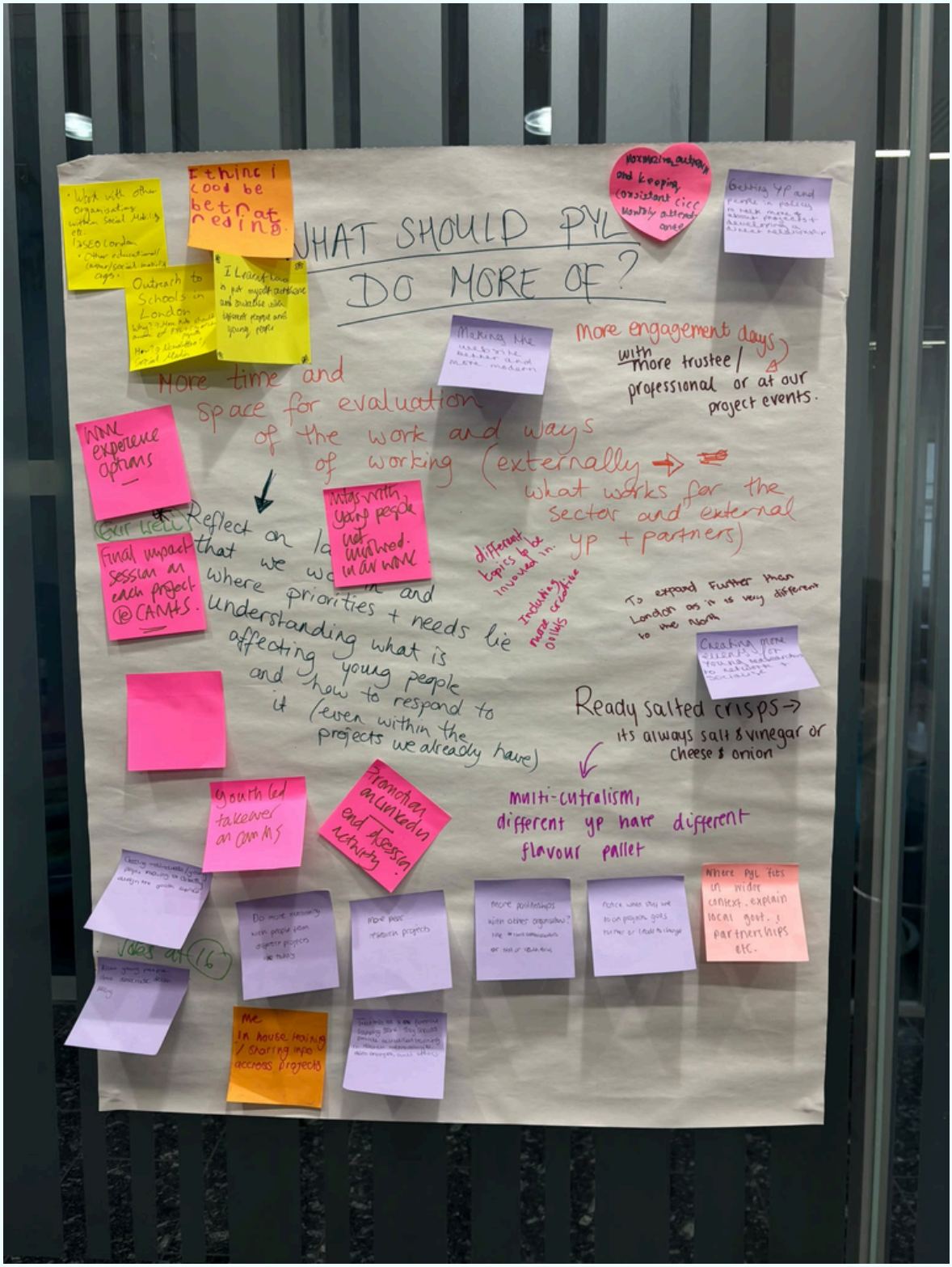
Young people worked in groups to look at the future of PYL and what PYL needs to do more of in future.

WHAT SHOULD PYL DO MORE OF?



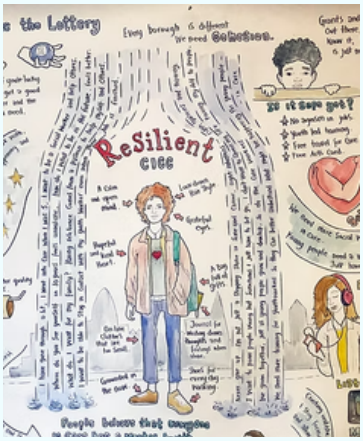
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Future



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Links



Children In Care Council | PYL



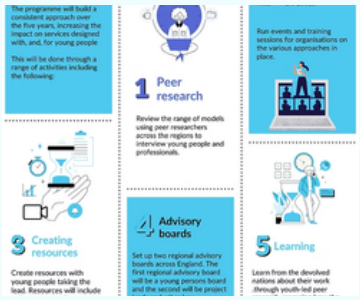
Authoring Our Own Stories| PYL



Young Residents in Partnership | PYL

Smart Data Donation Service

Smart Data Donation Service | PYL



Amplify: Regional Youth Voices in Action | PYL



Digital Health Ambassadors | PYL

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